



# SUMMER GRINDZ

6-WEEK BASKETBALL TRAINING



HELD AT SPORTING CHANCE CENTER  
JUNE 12 - JULY 20

Training Schedule: 2 days a week

**\$220**  
PER HOOPER

AGES 9-13: MONDAYS & WEDNESDAYS 2PM-4PM

AGES 14-17: TUESDAYS & THURSDAYS 2PM-4PM

*BALL HANDLING > SHOOTING > CONDITIONING > FOOTWORK > SPEED, AGILITY & PLYOMETRICS*

**WWW.AZBERNALFIT.COM**  **520.820.5168**