
BERNAL FITNESS &
PERFORMANCE
SUMMER
GRINDZ
6-WEEK BASKETBALL TRAINING
MAMBA AZ
SUMMER
GRINDZ
HELD AT SPORTING CHANCE CENTER
JUNE 13 - JULY 22
$195
per Hooper
TRAINING SCHEDULE: 2 days a week
AGES 9-13: TUESDAYS & THURSDAYS 2PM-4PM
AGES 14-17: MONDAYS & WEDNESDAYS 2PM-4PM
BALL HANDLING › SHOOTING › CONDITIONING › FOOTWORK › SPEED, AGILITY & PLYOMENTRICS
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520.820.5168