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"The strength of the team is each individual member. The strength of each member is the team." — *Legendary Coach Phil Jackson*



(Angel Addleman at 2015 camp and now at Pima College)

The Trojans Basketball Camp with Coach Al Addleman is an opportunity for girls entering 3<sup>rd</sup>-9<sup>th</sup> grade to improve their basketball skills in *a fun and competitive atmosphere!* Coach Addleman has been coaching High School, Middle School and club basketball for over 30 years, and has specialized in Rebuilding Programs and Individual Skill Development.



(Coach Addleman & 4 of his children, and daughter Alivea playing in McKale center)

He is currently rebuilding the program at **Catalina High School**. Previous coaching experience includes **Head Coaching at Sabino High School, Santa Rita High School, and Basis Tucson North High School**, as well as Associate Head Coach at Pusch Ridge Christian Academy. Coach Addleman also coached the *Tucson Cats club team* for close to 20 years. Many of his former players have gone on to have very successful college basketball careers! His programs have all focused on an *emphasis on solid, fundamental basketball*, teaching kids the necessary skills to be successful both individually and as a member of a team.

## The 11th Annual Trojans Basketball Camp with Coach Al Addleman



Previous Camp Photo

**The Trojans Basketball Camp is THE BEST priced camp in Tucson only \$10!!**

**Where: Catalina High School  
3645 E Pima St, Tucson, AZ 85716**

**When: Tuesday-Friday, May 31-June 3  
What Time: 9:00am -12:00 noon**

**Each camper will also receive a free camp T-Shirt!**

**What do I need:** Basketball shoes and clothes; water bottles with your name; a desire to learn and have fun!

**How do I sign up?:** The best way is to **reserve your spot by sending a check and completed application by mail.** However, you can also sign up and pay at the door. If you have questions, Contact Coach Addleman by email at [aaddleman@cox.net](mailto:aaddleman@cox.net) or call (520)907-6375.

**Make checks payable to:  
Al Addleman**

**Mail the completed form & check to:**

Al Addleman  
7424 E. Calle La Vega  
Tucson AZ 85710

### **Daily Skill Builders!**

Each day, the campers will break down into **small groups** to work on skills that include:

- Passing
- Shooting
- Dribbling
- Shooting form
- Defense
- Offense principles
- Rebounding



We will also have *daily scrimmages, including 1 on 1, 2 on 2, & 3 on 3*, as well as other fun and challenging competitions.

**Our staff:** We have an experienced, talented, and dedicated coaching staff including current and former players that will be giving quality instruction and individual attention to all the campers!

Come be a part of this year's exciting camp! Each summer of the Al Addleman camp, we have had *up to 50 girl's basketball players, many who have gone on to have very successful high school careers, as well as many who compete at the collegiate level. Who knows, you might be the next one!*

**Participant Information**

Name \_\_\_\_\_

Address \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Age \_\_\_\_\_ Grade entering \_\_\_\_\_

School attending next year \_\_\_\_\_

T-Shirt size \_\_\_\_\_

Primary Contact (Parent or Guardian)

\_\_\_\_\_

Phone \_\_\_\_\_

Alternate Phone \_\_\_\_\_

Email \_\_\_\_\_

Secondary Contact (Parent or Guardian)

\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**Medical Information**

Any Medical Conditions we should be aware of:

\_\_\_\_\_

Any medications currently taking:

\_\_\_\_\_

Any Allergies:

\_\_\_\_\_

(If none, please write "None")

Primary Insurance company:

Group/Policy #: \_\_\_\_\_

Family Physician name: \_\_\_\_\_

Physician Phone: \_\_\_\_\_

In the event of a medical emergency during camp activities, I authorize you to obtain proper medical care. I will assume financial responsibility for any bills incurred through my insurance company.

Signed \_\_\_\_\_

Date: \_\_\_\_\_

**Release of Liability**

(Camp Participant), \_\_\_\_\_ has my permission to participate in all camp activities that occur at the Al Addleman basketball camp. I recognize that the coaches and leaders are serving to the best of their ability and release them from any or all liability regarding any injury that may occur through the activities related to this camp.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



**The  
Trojans Basketball Camp  
with  
Coach Al Addleman**

**Girls Camp**

Girls entering grades 3-9  
Tuesday May 31-Friday June 3  
9:00a-12:00p

Catalina High School  
3645 E Pima St,  
Tucson, AZ 85716

Tuesday May 31-Friday June 3  
Weekdays 9:00a-12p

**Cost: \$10**

(520) 907-6375

[aaddleman@cox.net](mailto:aaddleman@cox.net)