



BERNAL
FITNESS & PERFORMANCE

MAMBA AZ BASKETBALL TRAINING

Sunday, February 7, 14, 21 & 28

FOR GIRLS & BOYS GRADES 1-8!

MINI MAMBAZ GRADES 1-2 8AM-9AM

LIL' MAMBAZ GRADES 3-4 9AM-10AM

JR MAMBAZ GRADES 5-6 10AM-11AM

MAMBAZ GRADES 7-8 11AM-12PM

- BALL HANDLING
- SPEED & AGILITY
- SHOOTING, FOOTWORK, PLYOMETRICS
- SMALL GROUPS = LOTS OF REPS
- FUNDAMENTALS

**MAMBA
AZ**
BASKETBALL TRAINING

LIMITED SPOTS!

→ WWW.AZBERNALFIT.COM OR CALL 520.820.5168 ←

HELD AT SPORTING CHANCE CENTER

2100 W CURTIS RD. TUCSON, AZ 85705

COVID PRECAUTIONS – MASKS REQUIRED